What's in your freezer? Don't just freeze it and forget it:

Avoid buying what you already have. Before you shop, check this list to help you remember. Add to the list as you stock up, and cross off items as you use them up. Check Refrigerator and Freezer Storage Chart for safe time limits.

NO FOOD LEFT BEHIND
- CORVALLIS -

FREEZER			FREEZER			FREEZER		
Item	How much?	Date added	Item	How much?	Date added	Item	How much?	Date added